



CECE & LOWER SCHOOL LUNCH MENU

November 2023

Indigenous Heritage Month



30 Monday	31	1 Wednesday	2 Thursday	3 Friday
		Grilled Steak w/ Chimichurri Caramelized Cabbage Wedges Herb Roasted Potatoes Corn & Peppers	Tomato & Cheese Pizza Squash, Caramelized Onion & Goat Cheese Pizza Roasted Broccoli Fresh Fruit Salad	Conference Day <i>Faculty In Service</i>
6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
Chicken Apple Sausage Brussels & Sweet Potato Hash Orzo Pasta Roasted Green Beans	Turkey Chili Bean Chili Homemade Cornbread Sweet Peas	Apple Cider Braised Beef French Lentil Stew Garlic Smashed Potatoes Roasted Green Beans	Mac n' Cheese or Pasta w/ Marinara Sauce Roasted Broccoli Fresh Fruit Salad	Veteran's Day <i>Faculty In Service</i>
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
Chicken Tikka Masala Chickpea Masala Garlic Naan & Rice Sweet Peas Mango Lassi	Philly Cheese Steak Sandwich Mushroom & Pepper Sandwich Waffle Fries Mixed Greens Salad	Baked Salmon 'Three Sisters' Bowl w/ Squash, Corn & Beans 'Fry Bread' Roasted Green Beans	Honey Soy Chicken Tofu Stir Fry Jasmine Rice Edamame	Grilled Cheese Specialty Grilled Cheese Tomato Soup Roasted Broccoli Fresh Fruit Salad
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
Meatless Monday! Pasta w/ Marinara Sauce or Alfredo Sauce Garlic Bread Sweet Peas	Thanksgiving Feast!! Garlic Herb Roasted Turkey Maple Glazed Squash Creamy Mashed Potatoes Fall Vegetable Medley Gravy & Cranberry Sauce Pumpkin Pie	Thanksgiving Break <i>No School</i>	 Happy Thanksgiving	Thanksgiving Break <i>No School</i>
27 Monday	28 Tuesday	29 Wednesday	30 Thursday	1 Friday
Kielbasa (Polish Pork Sausage) Braised Cabbage Potato & Cheese Pierogi Sweet Peas	Crispy Fish Tacos Black Bean Tacos Jasmine Rice Rainbow Slaw	Turkey Panini Caprese Panini Potato Wedges Roasted Broccoli	Chicken Musakhan Carrots w/ Chickpeas & Labneh Flatbread & Mujadara Rice Cucumber & Tomato Salad	

- * Sandwich/Salad Bar is open daily
- * Vegetarian entree served daily
- * Gluten and dairy free alternatives available
- * Sauces typically served on the side for grades K & 1
- * Yogurt, Apple Sauce, Whole Fruit & Filtered Water available daily
- * Menu subject to change based on product availability